

Pro Health Consulting
DIABETES CORE CURRICULUM WORKSHOP ver. 34

Sheraton LaGuardia East Hotel, Flushing, New York

October 11 – 14, 2010

Purpose of this course:

This interactive course is designed for health care professionals. It will provide the latest information in areas of diabetes education and patient self-management techniques. It will help to increase your diabetes knowledge and application/analysis skills so you will be better able to empower your clients to manage their diabetes.

Course Developer: Carol Molfetta, RD, CDE

Outline: Learning objectives for each session are listed in the course manual.

October 11, 2010 Monday

8:00 – 8:30 Registration, Coffee & Networking

8:30 – 9:10 Course Overview & Pre-Test

Carol Molfetta, RD, CDE

Disease Process

Linda Zintl, RN, BSN, CDE

9:10 – 10:30 Discuss diabetes physiology and diagnostic criteria

10:30 – 10:50 Break 20 min. Visit Exhibits

10:50 – 11:35 Discuss differentiation of diabetes types

11:35 – 11:55 Present case studies for discussion

11:55 – 12:15 Review of test answers & discussion

12:15 – 12:20 Session Evaluation

12:20 – 1:35 **Lunch – Visit Exhibits**

Self Management Education

Susan Ruggiero, RN, MS, CDE

1:35 – 1:55 Pre-Test

1:55 – 3:35 Discuss principles of teaching and learning with focus on program design

3:35 – 3:50 Break 15 min.

3:50 – 4:20 Discuss the educational process

4:20 – 4:50 Present case studies for discussion

4:50 – 5:15 Review of test answers & Q/A

5:15 – 5:20 Session Evaluation

5:20 – 6:00 Homework: Do two pre-tests for next day's lectures (20 min each)

October 12, 2010 Tuesday

8:00 – 8:30 Attendance, Coffee & Networking

Macrovascular, Neuropathy & Podiatry Complications

Terry Gray, ANP-C, PhD, CDE

8:30 – 8:45 Q/A from previous day's material

8:45 – 10:15 Discuss macrovascular and neuropathic complications

10:15 – 10:35 Break 20 min. Visit Exhibits

10:35 – 11:20 Discuss podiatry complications and foot care

11:20 – 11:50 Present case studies for discussion

11:50 – 12:15 Review of test answers & Q/A

12:15 – 12:20 Session Evaluation

12:20 – 1:35 **Lunch – Visit Exhibits**

Acute & Microvascular Complications

Donna Jornsay, RN, PNP-C, CDE

1:35 – 3:20 Discuss research studies, hyperglycemia, DKA, HHS and retinopathy

3:20 – 3:35 Break 15 min.

3:35 – 4:20 Discuss nephropathy complications

4:20 – 4:50 Present case studies for discussion

4:50 – 5:15 Review of test answers & Q/A

5:15 – 5:20 Session Evaluation

5:20 – 6:00 Homework: Do two pre-tests for next day's lectures (20 min each)

Diabetes Core Curriculum Workshop v.34

October 13, 2010 Wednesday

8:00 – 8:30 Attendance, Coffee & Networking

Nutrition and Exercise

Katie Barbera, RD, MS, CDE

8:30 – 8:45 Q/A from previous day's material

8:45 – 10:30 Discuss the current ADA/ADA nutrition therapy guidelines

10:30 – 10:50 Break 20 min. Visit Exhibits

10:50 – 11:35 Present diabetes exercise theory and guidelines

Richard D Philbin, MBA, M.Ed, ATC

11:35 – 11:55 Present case studies for discussion

11:55 – 12:15 Review of test answers & Q/A

12:15 – 12:20 Session Evaluations

12:20 – 1:35 **Lunch – Visit Exhibits**

Medications

Jane Seley, MPH, MSN, GNP, BC-ADM, CDE

1:35 – 3:20 Present current information on pharmacologic therapies in diabetes – injectibles

3:20 – 3:35 Break 15 min.

3:35 – 4:15 Discuss oral agents and drug interactions. Discuss hypoglycemia and travel guidelines

4:15 – 4:45 Present case studies for discussion

4:45 – 5:15 Review of test answers & Q/A

5:15 – 5:20 Session Evaluation

5:20 – 6:00 Homework: Do two pre-tests for next day's lectures (20 min each)

October 14, 2010 Thursday

8:00 – 8:30 Attendance, Coffee & Networking

Monitoring and Management

Donna Jornsay, RN, PNP-C, CDE

8:30 – 9:45 Discuss diabetes monitoring practices

9:45 – 10:15 Present case studies for discussion — evaluate BG patterns

10:15 – 10:30 Break 15 min.

10:30 – 11:00 Discuss management of sick days and pediatric populations

11:00 – 11:45 Present management techniques for pregnancy

11:45 – 12:15 Review of test answers & discussion

12:15 – 12:20 Q/A & Session Evaluation

12:20 – 1:35 **Lunch - Visit Exhibits**

Psychosocial Factors

Virginia Peragallo-Dittko, RN, MA, BC-ADM, CDE

1:35 – 3:35 Present information on the psychosocial factors involved in diabetes

3:35 – 3:50 Break 15 min. Visit Exhibits

3:50 – 4:30 Present case studies for discussion

4:30 – 5:00 Review of test answers & discussion

5:00 – 5:20 Q/A & Session & Overall Course Evaluations

This course is approved for 30 continuing education credits by the Commission on Dietetic Registration; and 30 contact hours by the NY State Nurses Association, an accredited approver by the ANCC's Commission on Accreditation.

Certificate of Attendance will be provided upon completion of the course.