

**Pro Health Consulting**  
**DIABETES CORE CURRICULUM WORKSHOP ver. 37**

Sheraton LaGuardia East Hotel, Flushing, New York

**April 23 - 26, 2012**

**Purpose of this course:**

This interactive course is designed for health care professionals. It will provide the latest information in areas of diabetes education and patient self-management techniques. It will help to increase your diabetes knowledge and application/analysis skills so you will be better able to empower your clients to manage their diabetes.

**Course Developer:** Carol Molfetta, RD, CDE

**Outline:** Learning objectives for each session are listed in the course manual.

**Monday, April 23, 2012**

8:00 – 8:30 Registration, Coffee & Networking

8:30 – 9:10 Course Resources & Pre-Test

**Carol Molfetta, RD, CDE**

**Disease Process**

**Linda Zintl, BSN, RN, CDE**

9:10 – 10:30 Discuss diabetes epidemiology, diagnostic criteria and physiology

10:30 – 10:50 Break 20 min. **Visit Exhibits**

10:50 – 11:35 Discuss differentiation of diabetes types

11:35 – 11:55 Present case studies for discussion

11:55 – 12:15 Review & discuss pre-test answers

12:15 – 12:20 Session Evaluation

12:20 – 1:20 **Lunch – Visit Exhibits**

**Self Management Education**

**Patricia Andronica, NP, CDE**

1:20 – 1:40 Pre-Test

1:40 – 3:20 Discuss principles of teaching and learning with focus on program design

3:20 – 3:35 Break 15 min.

3:35 – 4:05 Discuss the educational process

4:05 – 4:35 Present case studies for discussion

4:35 – 5:00 Review & discuss pre-test answers

5:00 – 5:05 Session Evaluation

5:05 – 5:45 Homework: Do two pre-tests for next day's lectures (20 min each)

**Tuesday, April 24, 2012**

8:00 – 8:30 Attendance, Coffee & Networking

**Macrovascular, Neuropathy/Foot Care Complications**

**Terry Gray, PhD, RN, ANP-C, CDE**

8:30 – 8:45 Q/A from previous day's material

8:45 – 10:15 Discuss macrovascular and neuropathic complications

10:15 – 10:35 Break 20 min. **Visit Exhibits**

10:35 – 11:20 Discuss diabetic foot disease and foot care

11:20 – 11:50 Present case study for discussion

11:50 – 12:15 Pre-test answers & discussion

12:15 – 12:20 Session Evaluation

12:20 – 1:20 **Lunch – Visit Exhibits**

**Acute & Microvascular Complications**

**Donna Jornsay, RN, PNP-C, CDE**

1:20 – 3:05 Discuss research studies, hypoglycemia, hyperglycemia, DKA, HHS and vision care

3:05 – 3:20 Break 15 min.

3:20 – 4:05 Discuss nephropathy complications

4:05 – 4:35 Present case study for discussion

4:35 – 5:00 Pre-test answers & discussion

5:00 – 5:05 Session Evaluation

5:05 – 5:45 Homework: Do two pre-tests for next day's lectures (20 min each)

# Diabetes Core Curriculum Workshop v.37

## Wednesday, April 25, 2012

8:00 – 8:30 Attendance, Coffee & Networking

### **Nutrition and Exercise**

**Katie Barbera, MS, RD, CDE**

8:30 – 10:15 Discuss the current ADA/ADA nutrition therapy guidelines

10:15 – 10:35 Break 20 min. **Visit Exhibits**

10:35 – 11:20 Present diabetes exercise theory and guidelines

**Richard D Philbin, MBA, M.Ed, ATC**

11:20 – 11:40 Present case studies for discussion

11:40 – 12:00 Review & discuss pre-test answers

12:00 – 12:20 Carbohydrate Counting Discussion and Session Evaluations

12:20 – 1:20 **Lunch – Visit Exhibits**

### **Medications**

**Jane Seley, DNP, MPH, BC-ADM, CDE**

1:20 – 3:05 Present current information on pharmacologic therapies in diabetes – injectibles

3:05 – 3:20 Break 15 min.

3:20 – 4:00 Discuss oral agents and drug interactions. Discuss travel guidelines

4:00 – 4:30 Present case studies for discussion

4:30 – 5:00 Review & discuss pre-test answers

5:00 – 5:05 Session Evaluation

5:05 – 5:45 Homework: Do two pre-tests for next day's lectures (20 min each)

## Thursday, April 26, 2012

8:00 – 8:30 Attendance, Coffee & Networking

### **Psychosocial Factors**

**Virginia Peragallo-Dittko, MA, RN, BC-ADM, FADE, CDE**

8:30 – 10:30 Present information on the psychosocial factors involved in diabetes

10:30 – 10:50 Break 20 min. **Visit Exhibits**

10:50 – 11:30 Present case studies for discussion

11:30 – 12:00 Review & discuss pre-test answers

12:00 – 12:10 Session Evaluation

12:10 – 1:10 **Lunch - Visit Exhibits**

### **Monitoring and Management**

**Donna Jornsay, BSN, RN, PNP-C, CDE**

1:10 – 2:40 Discuss diabetes monitoring practices

2:40 – 3:10 Present case studies for discussion — evaluate BG patterns

3:10 – 3:25 Break 15 min.

3:25 – 3:55 Discuss management of sick days and pediatric populations

3:55 – 4:40 Present management techniques for pregnancy

4:40 – 5:00 Review & discuss pre-test answers

5:00 – 5:05 Session & Overall Course Evaluations

This course is approved for 30 continuing education credits by the Commission on Dietetic Registration; and 30 contact hours by the NY State Nurses Association, an accredited approver by the ANCC's Commission on Accreditation.

**Certificate of Attendance will be provided at the end of the course.**

**If absent, partial credit will be given.**